



Testlands, Green Lane • Southampton, Hampshire
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Sun Safety Policy

At Testlands we acknowledge the importance of sun protection and will work collaboratively to ensure this happens during each session. We will educate children, staff and parents about sun safety, and ensure that we have the procedures and equipment to enable children to enjoy time in the sun safely.

Education

During sessions staff will set time aside to explain sun safety, empowering children with information/understanding of how to stay safe in the sun. This will be done at appropriate developmental levels.

Protection

Parents will be directed to sun protection information, so they can help ensure that this remains a 'normal' process for children to follow during hot weather: wearing a sun hat, applying sun cream, knowing to stay in the shade when possible.

Staff will ensure that more shaded areas are available across all settings for children to play in. We will use dens, canopies and other resources available, such as the tree which gives natural shade, as well as the cosy cottages and other play structures.

During hot weather, children will be given drinks of water more frequently, and they will be encouraged, as always, to independently pour a drink for themselves from the designated drinking area whenever they would like one. This will be reinforced at group times.

Clothing

We ask that parents provide a sun hat for their child, which is clearly labelled with their name. Sunglasses are encouraged to be used to protect eyes from the UV rays. Staff will be encouraged to wear hats in the summer months to model and reinforce the need to do this.

Sun cream

Parents will be asked to complete a form giving permission for staff to supervise the application of sun cream and to help if needed. This will request details of any allergies or special requirements, the type/brand of sunscreen their child/ren are able to use, and when it was last applied, and whether their child/ren can apply their sun cream under supervision, or if they require help.

Children will need to bring their own labelled bottle of sun cream. At our settings, we recommend a factor of no less than 50 SPF.

We will promote independence in this area by modelling how to apply it and using mirrors for the children to see if they have covered their whole face and wiped it in fully. Testlands will have a supply of sun cream for use if a child forgets their own sun cream (and if parents have given permission for this). This will be for exceptions only, and not for general use. The setting is mindful of family preferences with regards to sun cream, and of any potential allergies.

Last reviewed: September 2021

Date of next review: September 2022